HEAT ILLNESS PREVENTION DAILY CHECK

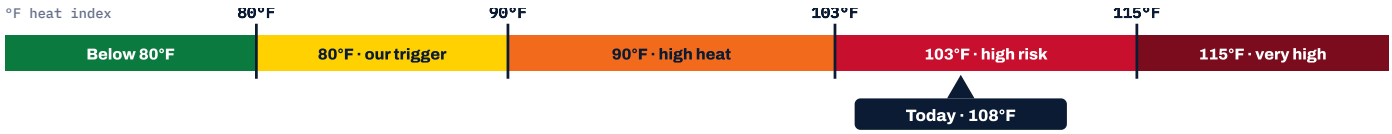
Elm Street storm drain · Sta 12+00 pipe crew

Every morning at the plan's trigger, rechecked midday. Indoors (plants, warehouses, kitchens) the same check runs on the indoor trigger. · WA WAC 296-62-095; OR OAR 437-002-0156; OSHA NEP

Sample Construction Co.
1400 Elm St, Round Rock, TX

HEAT-2026-014

6:35 AM	ALL DAY	END OF DAY
108°F	**HIGH HEAT ON**	**PASS · 8 of 8**
forecast high 101°F · heat index 108°F 3 PM NWS forecast · high risk (103–115°F)	15 min every 2 h from 9:30 · buddy pairs set · radio on the hour	Rechecked 1:30 PM · no symptoms reported



INSPECTOR	RE-INSPECTED	DATE / TIME	SITE
Marcus Hill · Foreman	**1:30 PM**	**Tue, Jul 14, 2026 · 6:35 AM** · re-inspected 1:30 PM	**Elm Street storm drain** · Sta 12+00 pipe crew
HEAT INDEX	**FORECAST HIGH**	**TRIGGERS**	**CREW**
108°F · 3 PM NWS forecast	**101°F** · Humidity 42%	**80°F · 90°F high heat**	**6 · Marcus, Tomás, Dale, Kenji, Ana, Jorge**
WATER	**SHADE**	**ACCLIMATIZING**	**BREAKS AND BUDDIES**
2 × 5-gal coolers · iced 6:00 · 40 ft from the trench · refill 11:30 (Kenji)	**2 × 10×10 canopies at Sta 12+20 · truck 14 with AC**	**Jorge Salinas · day 6 of 14 · half days · buddy Dale**	**15 min every 2 h from 9:30 · buddy pairs set · radio on the hour**

#	ITEM	RULE	RESULT · NOTE
1	**Forecast and heat index checked and posted** Forecast high and heat index checked and posted; trigger temperature known (80°F / 90°F+ high heat)	Plan §2 · T8 §3395(c)	OK NWS: high 101°F, heat index 108°F by 3 PM; posted on the board 6:30
2	**Cool water, 1 quart per worker per hour** Cool drinking water: 1 quart per worker per hour, close to the work, replenished	Plan §4 · T8 §3395(c)	OK CRITICAL Two 5-gal coolers iced at 6:00, 40 ft from the trench; refill 11:30 (Kenji)
3	**Shade for the whole crew, close by** Shade (or AC) for the whole crew on break, close by, not in a hot vehicle	Plan §5 · T8 §3395(d)	OK CRITICAL Two 10x10 canopies at Sta 12+20; truck 14 running with AC for breaks
4	**New and returning workers acclimatizing** New and returning workers on acclimatization: shorter exposures, closer observation (first 14 days)	Plan §6 · T8 §3395(g)	OK Jorge Salinas day 6 of 14: half days, buddy Dale, checked at every break
5	**High-heat procedures running** High-heat procedures at the plan's high-heat trigger (90°F+ heat index; 95°F ambient in California): buddy system or observation, rest breaks on the plan's schedule, communication	Plan §7 · T8 §3395(e)	OK CRITICAL On from 9:30: buddy pairs, 15-min break every 2 h, radio check on the hour
6	**Crew and supervisors trained this season** Crew trained this season on signs, first aid, and emergency response; supervisor trained	Plan §10 · T8 §3395(h)	OK Season training 4/27 for the crew; supervisors Marcus and Rita 4/27
7	**Emergency plan ready** Who calls 911, site address, how EMS gets to the crew, cooling supplies (ice, water, shade)	Plan §9 · T8 §3395(f)	OK CRITICAL 911 → 1400 Elm St, Oak St gate; Dale meets the ambulance; ice, water and towels in truck 14
8	**Heavy work in the cooler hours** Heavy work scheduled for cooler hours where possible; rotation planned	Plan §7 · NIOSH 2016-106	OK Pipe laying 6:30 to 1:30; backfill after 3:00 from the cab; pour moved to Thu 6 AM

INSPECTOR'S NOTES

High-heat day. Crew briefed at 6:30, everyone knows the buddy and the break schedule. Jorge on his acclimatization schedule. Checked water and shade again at 11:30 and 1:30.

EMERGENCY · 911 · 1400 Elm St, Round Rock, TX, Oak St gate · 30.5083 N 97.6789 W · ER: St. David's Round Rock Medical Center, about 9 min · AED + kit: truck 14 · Poison 1-800-222-1222 · Rita Solano (512) 555-0144

Marcus Hill
Foreman · signed 6:35 AM

Marcus Hill
Rechecks 11:30 AM and 1:30 PM · 1:30 PM

Supervisor review

Scan to open the live record in 29Safety (sign-in required)